



THE UNIVERSITY OF ARIZONA
COLLEGE OF MEDICINE TUCSON

Family Medicine Residency

UAFMRP Newsletter

Winter 2019

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From the Program Director...



Happy New Year! Our program's resolution this year is to complete the curricular transformation that began this summer with our "2+2" (2 weeks of inpatient followed by 2 weeks of outpatient) structure. We are halfway through the academic year, and our interns are on track to see double the number of patients in the ambulatory clinic as in years past. In speaking with our interns, they shared with me stories of connecting with their patient panel, developing meaningful relationships, and having patients show their appreciation for their care through bringing in home-baked goods. On our inpatient service, faculty and senior residents have enjoyed having interns present all day for two weeks, facilitating afternoon teaching and greater opportunities for time at the bedside.

In the coming year, we look forward to piloting a new structure to our inpatient service that would allow senior residents the same focus and concentration on hospital medicine in two-week blocks. While the planning involves complex details, we hope to add simplicity to our residents' work days and the inpatient team to improve patients' continuity and quality of care.

We are excited to host our first annual graduate level Poverty Simulation this month, bringing together learners from family medicine, pharmacy, public health, and nursing. My colleague Janet Cooley (College of Pharmacy) and I organized this interprofessional education event to deepen the relationships across disciplines and the understanding of the challenges faced by nearly a quarter of the people living in Tucson. If successful, we foresee the simulation becoming a part of undergraduate medical education as well as an ongoing event at the graduate level.

We had Dr. Janelle Thompson join our residency faculty this month. Dr. Thompson is a clinical health psychologist and will be providing behavioral health care in our office, as well as acting as our residency behavioral health faculty member. Her work with refugee populations, veterans, and assessing interprofessional training within primary care provides her with a rich framework to integrate quickly into our clinic and residency program.

Finally, we hope that you save the date for our upcoming Residency Reunion, March 6-7, 2020. We are offering CME credit with a focus on physician wellness and practice transformation, and will update you on our "Alvernon 20/20" efforts to make our ambulatory clinic an amazing place to work and train. Hope you can join us!



Our mission is to prepare physicians to provide excellent family-centered, community-responsive care, with an emphasis on diverse and underserved populations.

Our program's core values:

- ◆ Promotion and valuing of diversity
- ◆ Working with underserved populations
- ◆ Creation of a positive and supportive learning environment
- ◆ Maintenance of strong, well rounded academics

ACADEMIC ACHIEVEMENTS

GME Resident Excellence and Leadership Scholarship



Shannon Bybee-Driscoll, second year resident, has been awarded a \$5,000 GME Resident Excellence and Leadership Scholarship! Her proposal will support her scholarly project proposal to evaluate the efficacy of LED for weight loss, and she'll partner with her engineering colleagues on the design of her device, and with Dr. Amit Algotar in the Clinical Weight Loss Program for the data analysis. Congratulations on the award, and the innovative idea, Shannon!

AzAFP Grobe Awards Nominee

Faculty votes were tallied, Christine was nominated for the AzAFP's outstanding third year resident award. This nomination goes to the AzAFP for statewide recognition; one family medicine resident from all of Arizona third year classes are chosen for the statewide Grobe Award. Congratulations!



AzAFP Brazie Award Recipient

Congratulations to Amy Rogers, who was chosen by the AzAFP Awards Committee to be this year's state wide Brazie Award Winner, recognizing outstanding second year residents.

This is an unprecedented move by the committee as they have never before selected a nominee who was not physically present at the meeting. Amy was present by phone.

Amy will be recognized at the Awards Reception on Friday, March 29th during ACE Conference in Phoenix, AZ.



Publication

Katie Hartl, third year resident, shared her perspective in the Annals of Family Medicine.

ANNALS OF FAMILY MEDICINE

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From the Association of Family Medicine Residency Directors

OPIOID PRESCRIBING: A GENERATIONAL PERSPECTIVE

As our nation grapples with an epidemic that fractures families and wreaks havoc in communities, an aspect of the opioid crisis often goes unspoken. How has this

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This Article
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Ann Fam Med
September/October 2018 vol. 10 no. 5 468-470

Family Med Pool Champs!

Family Medicine Residents, Amy Rogers, second year resident, and Christine Chan, third year resident, represented the department at a high-stakes Interdepartmental Pool Tournament on Dec. 2, 2018. The two displayed unprecedented levels of focus, ingenuity, and teamwork during their match against two of the leagues most formidable opponents. Their Cinderella win concluded the tournament, memorializing Family Medicine as the best



Spotlight on First Year Resident, Leticia Moedano



Q: Where are you from and where did you relocate from? |

A: I am from Yuma, Arizona. After high school, I moved to Connecticut to attend Yale University for my undergraduate degree where I received a BS in Psychology (Behavioral Neuroscience track). I then worked in clinical research in Providence, RI, before moving to Tucson to attend the U of A for medical school and have been here ever since.

Q: What is your favorite thing about living in Tucson?

A: I love the weather!

Q: How do you unwind from the schedule of a First Year Resident?

A: When I'm not at work, I enjoy running, hiking, working out, reading, watching UofA basketball, and spending time with my partner Chris and our dog Teddy.

Q: Any advice to future First Years?

A: First year is an exciting time with immense learning; try to take advantage of all the opportunities to learn and always remember the reason why you went into medicine in the first place. Continue to stay connected with your interests outside of medicine and allow time for sufficient interactions with your family and friends—that is what will help keep you grounded. Remember to thank the people along the way that continue to support you through the craziness of residency.

Med Students for Choice

Drs. Andrea Heyn, Michael Setareh, both third year residents, and Jessie Pettit, program director, worked with Med Students for Choice President China Rae Newman on an IUD workshop for medical students this summer.



Pictured: Andrea Heyn demonstrating during IUD workshop.

UAFMRP in the News

An article has been published regarding the AFMRD Clinic First Collaborative on how the University of Arizona Family Medicine Residency Program is transitioning into a new and improved clinic experience...



Login

Home - About - Membership - Resources - Alliances - Awards - Advocacy - NIPDD - Job Board - Calendar

AFMRD Clinic First Collaborative Participant Blog

A tale of two EMRs and our transition towards continuity and an improved clinic experience...



Recent Stories

Habern University Medical Center-New York Medical College Residency Program

Photographed: Jessie Pettit, program director, Marsha Lewis, clinic manager, and Katie Hartl, third year resident.

UA Family Medicine Residency Education Fund

Please consider making a charitable gift to the University of Arizona Family Medicine's Residency Education Fund. The link to donate is on our homepage at <https://www.fcm.arizona.edu/education/residency-programs/university-arizona-family-medicine-residency>.

Tax-deductible gifts to this fund will ensure that every resident can attend a national conference and present their important research. These types of experiences are an invaluable component of their residency training!

RESIDENT ACTIVITIES

Ultrasound Workshop Series

We've had a few point of care ultrasound workshops scheduled during Teaching Day. One session had special guest, Androuw Carrasco, Alumni 2015.



Resident Retreat

The residents had a wonderful time at this year's annual resident retreat. They rented an Airbnb pool and Jacuzzi included! This year residents focused on wellness and building positive relationships while embracing their contributions towards an ever-changing residency culture. Activities were planned to enhance resident wellness and team spirit while reviewing the past and re-energizing for the future. Of course there was downtime for camaradery and yummy integrative medicine inspired meals!



Orientation/Core 1



During orientation and core 1 interns had mandatory training sessions on ACLS, PALS, Cerner in addition to the many lectures on advance planning, joint injections, health policy, community health and a hands on suturing workshop. The month long orientation and two week core 1 rotation included a couple half days of integrative medicine where interns go on a herb walk and hike Tucson's beautiful terrain.

Core 2

In Core 2 the second year residents learned various topics pertinent to their second year of residency. With topics on clinic efficiency, social determinants of health, burnout assessment, diabetes education for children and workshops on ultrasound and circumcision. The residents also take this opportunity to create a mentoring plan and work on their scholarly projects.



Recent Teaching Day Guest Speakers:

Community Action Poverty Simulation (CAPS)

Jan. 31 3-5pm Kiewit Auditorium
College of Pharmacy

Geriatrics

Feb. 7 2:30-3:30pm
Drs. Shah and Gupta from Caremore

Parkinsons

Feb. 21 1-2pm
Dr. Daniel Dickman

Inpatient Procedures Sim Lab

Mar. 14 3:30-5pm
FM Core Faculty

KSA Review: Asthma and 10+ Hardest Questions

Mar. 21 1-2pm
Dr. Jessie Pettit, Program Director of UAFMRP

Spring Point of Care Ultrasound Workshop

May 16 1-5pm
Dr. Erica Gadzik, Third year resident

Integrative Medicine Tip: Integrative Approaches to URI Care

Dr. Ingrid Patsch did a great pearl this month on Integrative Approaches to URI Care and was happy to share her presentation.

SUMMARY

PREVENTION

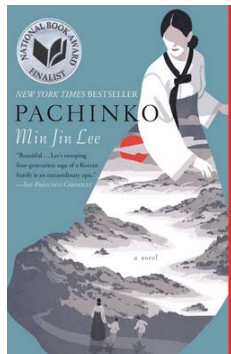
- HAND HYGIENE, SMOKING CESSATION, REGULAR EXERCISE, BALANCED AND NUTRITIOUS DIET, ESP VIT C, ZINC
- MAINTAIN SOCIAL CONNECTION, AVOID THOSE WITH COLDS, REDUCE STRESS AND NEGATIVITY
- CONSIDER ANDROGRAPHIS 400MG BID; VIT C 200-500MG DAILY, GINSENG 100MG DAILY, PROBIOTICS 2DOSE
 - EVIDENCE WEAK AT BEST

TREATMENT

- BOTANICALS:**
 - ANDROGRAPHIS 400MG DRIED TID OR EXTRACT 5-20MG TID DAYS 1-3
 - CARRAGEENAN NASAL (EVIDENCE FAVORS POSITIVE)
 - ECHINACEA 3-4 TIMES DAILY DAYS 1-3 (EVIDENCE FAVORS POSITIVE)
 - PELARGONIUM/UMCKALOABO 3-4 TIMES DAILY DAYS 1-3
- SUPPLEMENTS:**
 - VIT C (FAVORS POSITIVE RESULTS)
 - ZINC (FAVORS POSITIVE RESULTS)
 - ASTRALGUS, CHAMOMILE, GARLIC, GINGER, GINSENG, LEMON, PEPPERMINT, HOT BATHS, HOT MOIST AIR, NASAL SALINE, CHICKEN SOUP (UNPROVEN BUT SAFE)

Important Dates...

Yoga with Dr. Cox	Sundays 11—12pm
Initial classes free then \$10.	
Location: Fit Body Boot Camp on 6430 N. Swan Rd.	
Resident Retreat	Jan 24 & 25
AzAFP Practice Conference	Jan 25
DFCM at Tucson Community Food Bank	Jan 26th 8am-12pm
AzAFP All-Member Advocacy Meeting (formerly known as Emerging Leader Day)	Feb 9-11
Residency Retreat	Apr 18-19
STFM Annual Spring Conference	Apr 27-May 1
Family Medicine Advocacy Summit	May 20-21
Family Medicine Residency Graduation	June 22



Next Book Club

February 12th at 6pm

Location: Kim-Chi Time

Book this month is: Pachinko

By Min Jin Lee



Want to see what resources Banner Health has to offer for residents and faculty?:

<https://azhin.org/bannerhealth/>

Banner Employee Assistance Program



Log into the portal.bannerhealth.com to find helpful resources and information for when life happens.

Help Support Reach Out and Read

Reach Out and Read promotes childhood literacy by providing age appropriate books to children during their doctor visit. In the past, the ROR program has been sustained through community sources of funding but these sources have dwindled in the past year.

You can write a check payable to: UAF/Family Medicine.

In the memo write: Alvernon Reach Out and Read or Alvernon ROR.

Checks can be mailed to:

Department of Family and Community Medicine

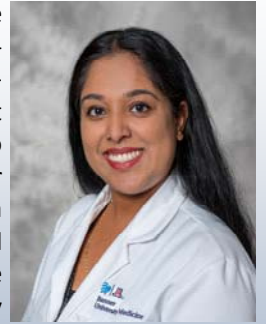
PO Box 210491, Tucson, AZ 85711



ALVERNON NEWS

New Faces at Alvernon

Meet **Angela Puthenveetil** your friendly Integrative Medicine Fellow. Angela is originally from the Midwest from a town in IL called Naperville. She completed a 6-year program for medical school at American University of Antigua. Instead of going to the island of Antigua she ended up completing her pre-med and first two years of medical school at a sister school in Manipal, India. She then completed her rotations in different states within the US. She went onto complete her family medicine residency in South Bend, IN where she acted as vice chief and wellness committee chief during her final year. She decided to move to Tucson following residency to complete a residential fellowship in Integrative Medicine. She and her fiancée Sameer enjoy being here in the sun and going hiking whenever possible.



UA Academy of Medical Education Scholars Grant



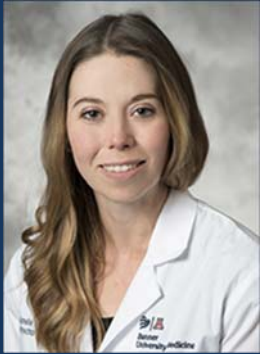
Congratulations to Kelsey Gender, Program Manager! She'll be receiving the University of Arizona's Academy of Medical Education Scholars Grant for her presentation at this year's American Academy of Family Physicians Residency Program Solutions in April.

Alvernon Family Medicine Center 4th Annual Retreat November 2018 at Reid Park



FACULTY AND ALUMNI NEWS

Spotlight on Faculty Member, Dr. Janelle Thompson



Q: Where did you go to medical school and do residency?

A: Great question! I never went to medical school like all the cool kids. Instead, I earned my master's and doctoral degrees in Clinical Psychology (with a specialization in Health Psychology) at La Salle University in Philadelphia, PA. I completed my residency at the Southeast Louisiana Veterans Health Care System in New Orleans, LA. This was followed by a fellowship in Primary Care/Mental Health Integration & Health Psychology at the Phoenix VA Health Care System in Phoenix, AZ.

Q: How long have you been teaching?

A: 4 years

Q: What do you enjoy most about teaching residents?

A: Teaching medical residents is always exciting for me because my specialty area is usually quite different from the other attendings with whom they work. So, we often get to address case conceptualization, diagnosis, and treatment planning from a really unique lens that broadens the resident's perspective and knowledge base while also enhancing the patient's care.

Q: How do you de-stress? Any hobbies?

A: I usually de-stress by doing something active; most likely hiking, dancing (usually salsa, merengue or bachata) or practicing yoga. I also enjoy listening to live music, eating delicious food, and learning from cultures that differ from my own.

Q: What do you enjoy most about Tucson?

A: As someone who grew up in the Northeastern US, I have always loved Tucson's landscape and topography. It is so different from where I spent a large portion of my life and my novelty-seeking brain loves it! I'm also learning that the people are really nice, too!

Q: Do you have a favorite restaurant?

A: In Tucson? Not yet. Suggestions welcome!

Q: Any words of wisdom for current residents?

A: Being a resident definitely has its challenges; there are many hats that you wear and many people who you are likely trying to please. So, I often find it helpful to remember that when you're stressed, take a minute. No one expects that you're perfect and if they do, then it says more about them than about you. When you're struggling with a difficult patient (or even coworker), find the human element in them and try to connect human to human (validate the valid – leave the rest). When in doubt, approach with curiosity rather than judgement. Lastly, maintain a sense of humor. Brains will get you far, but a sense of humor will save your life.

FCM Faculty named Deputy Dean for Diversity and Inclusion



Congratulations to **Victoria Murrain, DO** has been appointed as deputy dean for diversity and inclusion at the University of Arizona College of Medicine.



On Dec. 4th Dr. Ravi Grivois-Shah was honored as one of the 40 under 40 by Tucson's Arizona Daily Star. Congratulations Dr. GS!

Banner Health Foundation's "Highest and Best Use Awards" Program Awarded to UA Mobile Health Clinic



The Banner Health Foundation has awarded the UA Mobile Health Clinic a \$450k gift towards a second mobile health clinic.

The Mobile Health Program is a primary-care practice on wheels that travels to various sites on a regularly monthly schedule and provides free health-care services to those without or with limited access to insurance.

The new funds will go towards staffing and operations of a second mobile health clinic and is expected to provide an additional 2,000 patients visits in the mobile family medicine and dental clinics and an additional 350 pre-natal patient visits.

Financial support for the mobile health clinic comes from an endowment from Dr. Augusto and Martha Ortiz, and donations Pima County, the March of Dimes, the Delta Dental of Arizona Foundation, Sonora Quest Laboratories, and the Arizona Diamondbacks Foundation.



In bottom photo left to right: Patrick Rivers (senior program coordinator), Ravi Grivois-Shah, MD (medical director), Nury Stemple (community health educator), Jesus Marquez (driver), Elizabeth Knight (nurse practitioner for the program through Dec. 2018), Edna Rodriguez (medical assistant), Angela Brown (nurse practitioner), Greg Loring (driver)

2018 Faculty Mini-Retreat

The University of Arizona Family Medicine Residency hosted a Mini-Retreat in October. The program recently recruited four new core faculty members in a year's time, and had a fifth faculty member re-join the group this July. As such, the focus of the retreat was on connecting over lunch and "check-ins" about personal and professional development, development of feedback skills and practice through role playing, supporting scholarly activity, and conflict resolution.



AAFP Practice Improvement

Nathaniel Harris, MD, second year resident, Ravi Grivois-Shah, MD, medical director, and Jamie Dromgoole-Hernandez, nurse manager, are seen here at the AAFP Practice Improvement conference where they presented on Change Management.



Update on Alumni, Dr. Francisco Prieto, Class of 1983



I have always enjoyed reading past alumni updates in this newsletter. I am glad for the opportunity to share my own experiences in this edition.

I graduated from the UA family medicine residency in 1983. My first job was working at the El Rio clinic, where I served my NHSC scholarship obligation. I also was invited to become an associate clinical faculty with the FCM department, allowing me to teach medical students and residents, something that became an enjoyable part of my practice for most of the last 3 decades.

After my experience in the residency where I worked at the university, the VA, and TMC, El Rio felt something like being thrown into the deep end of the pool, especially with regards to diabetes. In that prehistoric era, our only treatments for diabetes were insulin and sulfonylureas, there was no such thing as home glucose monitoring, and it seemed that every patient on my schedule had diabetes. I recall the patient who walked into my office (awake and mostly alert) with a random glucose of 1200, and who remains a personal record. Realizing that diabetes care was a "sink or swim" issue, I tried hard to master this problem and have continued working on it ever since.

In 1986, my wife Yolanda Valle (also a physician) and I moved to her hometown of Sacramento California with our two small children. As an avid bicyclist, Sacramento seemed ideal. I joined a small family practice group that later merged with a much larger one. More importantly, as a budding amateur diabetologist, I became involved with the American Diabetes Association (ADA) as a volunteer, initially providing medical support for and then helping to organize the local "Tour de Cure" diabetes bicycle ride fundraiser.

Eventually I also joined the local ADA board, and discovered advocacy -- we live 3 miles from the California state capitol, and lots of health issues come before the state legislature. It is surprising how much people in the legislature are willing to listen about health issues simply because of the MD after your name, even if they don't vote your way. This experience in advocacy led to me join the Call to Congress, the ADA's the annual national congressional lobbying day, and last year being named vice chair of the ADA's National Advocacy Committee.

In 2004, responding to restrictions placed by the then administration in DC on the new field of human embryonic stem cell research, California passed an initiative to support this research itself, with funding in the range of \$3 billion. I was asked to serve on the board that oversaw this effort and entered the world of "Big Science." It has been an education, not only in the science of stem cell research, but also in politics, scientific standards, intellectual property law, and much more. All of this, I think, was made possible by my training in family medicine, and teachers who encouraged me to be curious and always look out for opportunities to learn something new, and to use that to do something for patients. Writing this the week before Thanksgiving, I am very grateful for my training at the U of A.

On a personal note, Yolanda has retired and devotes almost all her time to playing tennis. I am still working for a couple more years, then plan to continue my once weekly diabetes clinic for a few more. Those small kids grew up! Miguel teaches English, yoga, and tennis in Germany, where his husband is an anthropologist at the University of Tubingen. Of course that means we are required to visit Europe almost annually, allowing us to knock a few things off the bucket list, like seeing the French Open, Italian Open, and next year the Women's World Cup in France. Marisol lives here in Sacramento, working as a legislative aide to a California state senator from Napa. I am the senator's occasional and unpaid but willing health policy consultant, ideal for a political junkie. We love to travel, and even made it to Tucson for a brief trip recently, for a tennis tournament of course. Visitors to California are always welcome, and I might even have a spare bicycle or two to share.



Verification of Post-Graduate Training

Applying for licensure or a new job? If you need verification of post graduate training please forward forms to: UA Family Medicine Residency Attn: Jessica Brooks/Kelsey Gender, 707 N. Alvernon Way, Suite 101 Tucson, AZ 85711. You can also email your forms to jhoyer@email.arizona.edu or kgender@email.arizona.edu.

If you have graduated more than five years ago, there is a \$40 verification fee. This does not apply to U.S. government or state institutions, fellowship or residency programs, or Tucson VA hospital.

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Our mission is to prepare physicians to provide excellent family-centered, community-responsive care, with an emphasis on diverse and underserved populations. We combine a tradition of excellence in education with the freedom and support to focus training to suit your goals. Unique aspects include integrative medicine training, team-based clinic model, mobile health, maternal-child service, and adult inpatient at a community teaching hospital.

Jessie Pettit, MD, IBCLC
Program Director

Taiwona Elliott, DO
Associate Program Director

Kelsey Gender
Program Manager

Like us on Facebook!



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Jessica Brooks
Program Coordinator, Sr.

Questions/Concerns:
jhoyer@email.arizona.edu

Pearls July to January

Speaker/Topic

Colleen Cagno

- Clinic Efficiency
- Digital Resources in Patient Care
- Poem for 2017 That Reinforces Choosing Wisely Recommendations
- Hypoglycemia in Newborns
- Pediatric Rashes
- Hand Hygiene
- HPV Vaccination
- Audit-C Screening D/O Drinking
- 2018 Evidence Update Cochrane Review and NETM Arrive Trial
- Dupuytren's Contracture

Taiwona Elliott

- Setting the Agenda
- GDM
- GDM Diagnosis and Treatment
- Stress Incontinence
- Should Screening Occur for BV in Women with Risk of Preterm Labor
- CV & Cover Letter
- Pediatric Hypertension Diagnosis
- Pediatric Hypertension Treatment
- Toddler Nutrition
- Flu Shot and the Reluctant Patient
- Incidental Thyroid Nodules
- Shingrix Vaccinations
- OP Treatment of COPD Exacerbations

Evelinda Gonzales

- NSAIDS
- Sensitive Speculum Exam 1
- Sensitive Pelvic Exam Part 2
- CHF Clinical Symptoms and Predictive Values
- Pediatric Hypertension
- Thiazide Diuretics Chlorothalidone
- Peds Type II Diabetes Management
- Nopal A-Glucosidase Inhibition in DM 2
- Nipple Discharge Workup
- Acute Alcoholic Hepatitis

Ravi Grivois-Shah

- Organizing OP Presentations
- Diagnosing ADHD in Kids
- Diagnosing Adult ADHD
- Acne

Anna Landau

- Cervical Cancer Screening Guidelines
- Clinic Flow and Efficiency Expectations
- Access to Abortion in AZ
- Food Insecurity
- Racism and Low Birth Weight
- Infectious Leg Ulcers
- Pre-Travel Consult
- Fever in the Returned Traveler
- Case Presentation
- Common Problems in Pregnancy—Nausea/Vomiting
- Waterborne GI Illnesses

Elizabeth Moran

- ASA Usage for Prevention of Pre-Eclampsia
- Breast CA Risk Reduction
- Neuromuscular Disorders in Children
- Pediatric UTI AAP Clinical Practice Guidelines
- IDSA Choosing Wisely
- Chronic Hep B & HCC Screening

- Asthma Cases
- Gallbladder Cases
- Treatment Choices for Anxiety
- Treatment for Depression

Ingrid Patsch

- DM Screening Guidelines
- DM Medications
- Coding Tips 99214, Documentation to Reduce Risk of Malpractice Claim
- Hypertension Evaluation
- How to Begin/End/Manage a Visit
- Coding Tips 99214 Office Visit and Documentation for Risk Management
- Pre-Conceptual Counseling
- Parenting Tips, AAP Review
- Nutrition in Toddlers
- Updates in Maternal Child Health
- Common Peds Rashes Part 1 & 2
- Prevention of Drowning in Kids
- BMJ Rapid Recommendations Steroids for Sore Throat
- Pet-related Infections
- Human-Animal Health Interactions
- Syphilis
- October Pearls Summary Review
- Pneumococcal Vaccine in Adults w/ COPD
- Antibiotics and Breathing Exercises for COPD
- Radiology Potpourri
- IM Approaches to URI
- Algorithmic Approach to Post-Menopausal Bleeding
- Dermatology Photo Quiz/Review I & 2

Jessie Pettit

- Shared Decision Making Around Breast Cancer Screen
- Colon Cancer Screening Options: Matching Game!
- Helpful Apps for OP Management
- HTN in Children and Adolescents
- Chlamydia Testing in Pregnancy
- Lactation
- 5 Steps to Promote Breastfeeding in Hospital
- Lactation Pearl: Vitamin D Supplementation: Who, How, and How Much?
- Metrics for Measuring Breastfeeding Adequacy at the Newborn Visit
- IM Approaches to Pediatric Asthma
- CDC Growth Charts: When to Use Which and Why
- Pumping 101
- Mastitis
- Family Nurse Partnership Program
- Radiology Studies and Breastfeeding
- Breast Surgeries: Effect on Breastfeeding and Lactation
- Pharmacologic Treatment for Postpartum Mood Disorders in Breastfeeding
- Treatment of Depression in Older Adults
- Trigger Point Injections

Angela Puthenveetil

- Mindful Eating

Mari Ricker

- How to Huddle for a Smooth Clinic
- Travel Medicine
- Bioidentical Hormones
- Osteoporosis
- Depression Screening

George Schatz

- Probiotics in Pregnancy for Asthma and GDM
- MAG & CUD

Krista Sunderman

- Screening PPE
- Symptomatic PPE