

Outpatient Pediatrics – PGY-3

Goal: To provide excellent and appropriate medical care to the pediatric patient in the outpatient setting including anticipatory guidance to the patient and his or her family

Objectives:

Patient Care

I. Provide comprehensive pediatric care in an outpatient setting.

1. Provide appropriate recommendations regarding age related vaccinations based on the CDC pediatric and adolescent vaccine schedule
2. Assess a child's nutritional status based on history and physical exam and implement appropriate management plans.
3. Counsel patients and parents on nutritional needs throughout infancy, childhood and adolescence.
4. Obtain and interpret information relevant to pediatric health including maternal and family history, pregnancy complications, and social history.
5. Perform a pediatric physical examination, identify normal and abnormal findings, and be able to implement an appropriate follow-up plan.
6. Recognize when to refer pediatric patients with uncommon childhood conditions to appropriate specialists.

II. Assess and manage the development of a pediatric patient in the outpatient setting.

1. Describe normal physiologic and anatomic changes during childhood and adolescent development, signs of abnormal development, and strategies for their management.
2. Describe and demonstrate the use of common pediatric developmental assessment tools. .
3. Assess and manage developmentally normal and high-risk pediatric patients using available resources and specialists.

III. Perform procedures commonly used in the outpatient pediatric setting.

IV. Provide age appropriate anticipatory guidance to the parents of pediatric patients.

Medical Knowledge

I. Demonstrate a commitment to acquiring the knowledge needed for independent practice of outpatient pediatrics.

1. Interpret commonly performed clinical tests/imaging in the pediatric population
2. Integrate information from multiple sources (patients, parents, specialists, teachers) to formulate a comprehensive management plan.
3. Develop management plans that consider family values and community resources.

Interpersonal and Communication Skills

1. Communicate effectively with parents/families in a professional and caring manner that honors family values and enhances parenting skills and confidence.
2. Present pediatric patients concisely, sharing relevant information in an organized fashion.
3. Communicate and work collaboratively with staff, other physicians and healthcare providers to create and sustain an environment fostering a team-based approach to patient care.

Professionalism

1. Demonstrate personal accountability for the well-being of patients.
2. Complete assigned duties (including accurate and timely completion of charting) in a timely manner.
3. Maintain appropriate appearance and behavior during interactions with patients, staff and colleagues.

Systems-Based Practice

1. Identify the role and scope of practice of general pediatricians, family physicians, pediatric specialists, lactation consultants, social workers, and other members of the healthcare team in the care of a pediatric patient.
2. Order diagnostic testing and referrals in a manner that reflects the provision of cost-conscious care.
3. Be an advocate for families needing assistance navigating the complex health-care system.

Practice Based Learning and Improvement

1. Demonstrate attitudes needed for continuous self-assessment in order to improve one's own patient care practice.
2. Formulate and answer clinical questions using evidence-based resources.
3. Identify guidelines for diagnosis and treatment of common conditions, and adapt them to the individual needs of specific patients.