

Obstetrics – PGY-1

Goal: To develop the knowledge, skills, and attitudes required for successful evaluation and management of pregnant patients, including those in active labor, as well as those who are antepartum and postpartum.

Objectives:

Patient Care

I. Assess and manage the obstetric patient in the hospital setting.

1. Perform a complete a history & physical examination, gather needed data, and order appropriate diagnostic testing.
2. Provide appropriate counseling and recommendations on anesthesia options.
3. Develop appropriate management plans based on estimated gestational age and other clinical findings.
4. Recognize and respond appropriately to obstetrical emergencies.

II. Perform vaginal deliveries under the supervision of an attending physician.

III. Perform common obstetric procedures under the supervision of an attending physician or senior resident.

1. Counsel patients on the indications, risks, benefits and alternatives of procedures.
2. Obtain informed consent for needed procedures.
3. Interpret results from procedures performed.
4. Clearly document procedures performed.

Medical Knowledge

I. Demonstrate a commitment to acquiring the knowledge needed for independent provision of obstetrical care.

1. Demonstrate fund of knowledge appropriate to level of training regarding obstetrical care and the normal labor management.
2. Demonstrate correct interpretation of fetal heart tracings and tocometry.
3. Identify findings in obstetric ultrasound reports that will change management.

Interpersonal and Communication Skills

I. Demonstrate effective interpersonal skills with patients, families, and medical staff in a sensitive manner.

1. Communicate with patients in an open, receptive, and non-judgmental manner with attention to privacy concerns and health literacy.
2. Present patients concisely, sharing relevant information in an organized fashion.
3. Communicate and work collaboratively with staff, consultants, and other healthcare providers to create and sustain an environment fostering a team-based approach to patient care.
4. Write complete, accurate, well-organized notes that reflect a synthesis of relevant information.
5. Facilitate communication and transitions between the inpatient and outpatient setting.

Professionalism

I. Carry out responsibilities reliably, timely, and confidentiality and showing respect for patients and other healthcare workers.

1. Arrive punctually to sign out and other residency duties.

2. Maintain appropriate appearance and behavior during interactions with patients, staff and colleagues.
3. Identify limits of one's own medical knowledge and appropriately seek assistance when needed.
4. Complete assigned duties (including accurate and timely completion of charting) in a timely manner.

System-Based Practice

I. Be aware of the role of health care systems, and utilize resources in a manner that provides optimal care for obstetric patients.

1. Order medications, diagnostic testing and referrals in a manner that reflects the provision of cost-conscious care.
2. Recognize and identify the role and scope of practice of family physicians, obstetrician, and maternal-fetal-medicine specialists in the care of pregnant and postpartum women.
3. Be an advocate for women needing assistance with navigating the complex health-care system.

Practice Based Learning and Improvement

I. Continually assess knowledge and patient care practices and utilize information to stimulate self-directed learning.

1. Identify sources of information and guidelines pertaining to the care of pregnant and postpartum women.
2. Identify personal areas for further learning and improvement.
3. Seek out and remain receptive to feedback from supervisors mid-rotation, and incorporate feedback into future clinical practice.