Intern Orientation (Core Month) - PGY-1

Goal: To introduce the key concepts, attitudes, and skills in order to successfully complete residency, and to develop a support network, both within the PGY-1 class, and outside of residency.

Objectives:

Patient Care

- I. Provide medical care for patients in the inpatient setting
- 1. Perform a directly observed complete history & physical examination
- 2. Shadow senior residents on the inpatient service in order to gain perspective on effective and efficient practices when caring for patients in the inpatient setting.
- 3. Assume care of a small number of patients in the hospital in order to practice history & physical examination, gathering needed data and ordering appropriate diagnostic testing.
- II. Provide medical care for patients in the outpatient setting
 - 1. Shadow attendings and/or senior residents
 - 2. Undergo direct observation while seeing patients in the clinic.
 - 3. Begin to treat patients in the clinic in order to practice physical examination, identifying normal and abnormal findings, formulating appropriate follow-up plans.

Medical Knowledge

- I. Complete training in required life-support courses
- 1. Successfully complete ACLS (Advanced Cardiac Life Support) training.
- 2. Successfully complete PALS (Pediatric Advanced Life Support) training.
- 3. Successfully complete ALSO (Advanced Life Support in Obstetrics) training. (To actually be completed at a later date)
- 4. Successfully complete NRP (Neonatal Resuscitation Program) training.
- 5. Successfully complete ATLS (Advanced Trauma Life Support) training.
- II. Participate in clinical skills workshops

Interpersonal and Communication Skills

- I. Recognize that the Electronic Health Record allows an exchange of information among members of the healthcare team.
 - 1. Complete Electronic Health Record (EHR) training.
 - 2. Utilize the EHR to write complete, accurate, well-organized notes that reflect a synthesis of relevant information from multiple sources in a timely manner.
- II. Demonstrate effective interpersonal skills with patients, families, and medical staff in a sensitive
 - 1. Begin to develop therapeutic relationships with patients in the outpatient setting.
 - 2. Present patients' history, physical examination, relevant laboratory data and management plan to the attending physician or senior resident in a clear, concise, and organized manner.
 - 3. Recognize the need to communicate information to patients and patients' families with attention to privacy concerns and healthcare literacy.

Professionalism

- I. Carry out responsibilities reliably, timely, and confidentiality and showing respect for patients and other healthcare workers.
 - 1. Arrive punctually to residency duties.
 - 2. Attend training in fatigue management.
 - 3. Complete required clinical documentation in a timely manner.
 - 4. Demonstrate emotional maturity when caring for and communicating with patients and other members of the healthcare team.
 - 5. Identify limits of one's own medical knowledge and appropriately seek assistance when needed.
- II. Recognize the responsibilities of residency.
 - 1. Review the residency handbook, including residency policies and procedures.
 - 2. Identify the different levels of supervision provided to residents.
 - 3. Recognize the requirement for direct or immediately available indirect supervision of all clinical encounters during the PGY-1 year.

Systems-Based Practice

- Be aware of the role of health care systems, and community resources in order to be able to provide optimal care for patients.
- 1. Identify available community resources available and how aid patients in accessing them.
- 2. Tour the continuity clinic areas to gain familiarity with the structure, organization, and function of the clinic.
- 3. Utilize best practices in outpatient coding.
- II. Demonstrate an attention to patient safety.
 - 1. Complete Institute for Healthcare Improvement patient safety modules
 - 2. Participate in training for patient handoffs.
 - 3. Recognize how to report patient safety events using available reporting systems.

Practice Based Learning and Improvement

- I. Recognize the need for self-directed and life-long learning in order to practice medicine using best practices.
- Complete training in the utilization of New Innovations in order to be able to access information (rotation goals & objectives, rotation evaluations) that will aid in identifying areas for further learning and improvement.
- 2. Review the overall residency curriculum.
- 3. Demonstrate an attitude of self-improvement by seeking out and being receptive to feedback.
- 4. Review the formal evaluation process used during residency including: written evaluations, verbal/informal evaluations, semi-annual meeting with the program director, and review by the clinical competency committee.