

Outpatient Gynecology – PGY-3

Goal: To provide excellent and appropriate medical care to patients with gynecological concerns in a primary care setting, including appropriate specialist referrals, with attention to the unique physical, emotional, family and cultural factors contributing to both illness and wellness for women in our society.

Objectives:

Patient Care

- I. Provide compassionate and competent and comprehensive gynecological care in an outpatient setting.**
 1. Obtain an appropriate gynecological and sexual history in a non-judgmental manner.
 2. Perform a complete gynecologic physical examination, identify normal and abnormal findings, and be able to implement an appropriate follow-up plan.
 3. Develop appropriate differential diagnoses for common and less common gynecological concerns.
 4. Provide age-appropriate counseling and recommendations regarding recommended screening tests and other preventative health concerns of women in the outpatient setting.
 5. Recognize common psychosocial and behavioral problems in women and provide appropriate counseling for and management of these concerns.
 6. Evaluate and initiate management of patients with sexual dysfunction.
 7. Evaluate and manage sexually transmitted infections according to the most current guidelines.
 8. Recognize when to refer patients with gynecological conditions to appropriate specialists, including need for surgical intervention.
- II. Assess and manage women throughout all reproductive stages of life**
 1. Provide appropriate counseling on the implementation and use of various methods of contraception, taking into consideration personal risk factors and family planning goals.
 2. Evaluate and manage common menstrual disorders.
 3. Evaluate and manage common conditions related to menopause.
- III. Competently perform common gynecologic procedures.**

Medical Knowledge

- I. Demonstrate a commitment to acquiring the knowledge needed for independent evaluation and management of outpatient gynecological concerns.**
 1. Interpret commonly performed clinical tests/imaging for outpatient gynecological concerns.
 2. Develop management plans that are sensitive to patients' sexual orientation and cultural preferences.

Interpersonal and Communication Skills

- I. Demonstrate effective interpersonal skills with patients, families, and medical staff in a sensitive manner**
 1. Communicate with patients in an open, receptive, and non-judgmental manner.
 2. Present patients concisely, sharing relevant information in an organized fashion.
 3. Communicate and work collaboratively with staff, consultants, and other healthcare providers to create and sustain an environment fostering a team-based approach to patient care.
 4. Write complete, accurate, well-organized notes that reflect a synthesis of relevant information.

Professionalism

- I. Carry out responsibilities reliably, timely, and confidentiality and showing respect for patients and other healthcare workers.**
 1. Maintain appropriate appearance and behavior during interactions with patients, staff and colleagues.
 2. Identify limits of one's own medical knowledge and appropriately seek assistance when needed.
 3. Complete assigned duties (including accurate and timely completion of charting) in a timely manner.

Systems-Based Practice

- I. Be aware of the role of health care systems, and utilize resources in a manner that provides optimal care for patients with gynecological problems.**
 1. Order medications, diagnostic testing and referrals in a manner that reflects the provision of cost-conscious care.
 2. Recognize and identify the role and scope of practice of family physicians, gynecologists, and sub-specialists in the care of women in the outpatient setting.
 3. Be an advocate for women needing assistance with navigating the complex health-care system.

Practice Based Learning and Improvement

- I. Continually assess knowledge and patient care practices and utilize information to stimulate self-directed learning.**
 1. Identify sources of information and guidelines pertaining to the care of women.
 2. Formulate and answer clinical questions using evidence-based resources.
 3. Remain cognizant of gaps in medical research pertaining to women.
 4. Remain receptive to preceptor feedback and integrate feedback into clinical practice.