Family Medicine Outpatient Continuity Clinic – PGY-1

Goal: To develop the knowledge, skills and attitudes to provide excellent and appropriate medical care for a diverse panel of patients with a variety of medical complaints and conditions, in the outpatient family medicine office.

Objectives:

Patient Care

- I. Provide compassionate and competent and comprehensive medical care in an outpatient setting.
 - Gather essential and accurate information about patients from their provided histories and medical records.
 - 2. Conduct an appropriate physical exam based on the patient's chief complaint and medical history.
 - 3. Develop differential diagnoses and management plans for common presenting complaints and medical conditions seen in the primary care outpatient setting.
 - 4. Synthesize an appropriate differential diagnosis for non-specific signs/symptoms.
 - 5. Prioritize diagnostic testing and consultations to aid in management of the primary care patient.
 - 6. Prioritize the purpose(s) of the primary care visit by setting the visit agenda with the patient.
 - 7. Maintain and update each patient's medical record as their health evolves, including his/her problem list, allergy list, medication lists, and personal and family histories.
 - 8. Respond to patient lab results and concerns in a timely manner.

II. Provide age appropriate preventive care and health maintenance.

- 1. Provide appropriate counseling and recommendations on evidence-based health maintenance examinations.
- 2. Provide appropriate recommendations regarding age related vaccinations based on the CDC vaccine schedule.
- 3. Provide appropriate prenatal care.
- 4. Incorporate prevention into each patient's overall care plan.

III. Competently perform common outpatient medical procedures.

- 1. Counsel patients on the indications, risks, benefits and alternatives of procedures.
- 2. Obtain informed consent for needed procedures.
- 3. Clearly document procedures performed.

Medical Knowledge

- I. Demonstrate a commitment to acquiring the knowledge needed for independent evaluation and management of outpatient medical concerns.
 - Demonstrate correct interpretation of commonly ordered outpatient laboratory tests/imaging.
 - 2. Demonstrate correct interpretation of results from recommended screening examinations.
 - 3. Develop management plans that incorporate patient preferences, social and behavioral concerns, as well as cultural considerations.

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Interpersonal and Communication Skills

- I. Demonstrate effective interpersonal skills with patients, families, and medical staff in a sensitive manner.
 - 1. Provide documentation in medical records that is accurate, complete and well-organized.
 - 2. Present patients to attendings in a concise, but thorough manner, focused on the purpose of the current visit and condition of the patient.
 - 3. Interact respectfully and professionally with clinic staff and consultants
 - 4. Communicate clearly with patients regarding their diagnoses and treatment plans using language appropriate to the patient's health literacy level.

Professionalism

- I. Carry out responsibilities reliably, timely, and confidentiality and showing respect for patients and other healthcare workers.
 - 1. Demonstrate personal accountability to the well-being of patients.
 - 2. Maintain an appropriate and professional appearance and behavior during interactions with patients, staff and colleagues.
 - 3. Complete assigned duties (including accurate completion of charting) in a timely manner.
 - 4. Start continuity clinics on time; acknowledge that you are running behind schedule to those patients who have waited for you.
 - Recognize personal limitations in knowledge and clinical skills and appropriately ask for assistance when needed.

System-Based Practice

- I. Be aware of the role of health care systems, and utilize resources in a manner that provides optimal care for patients.
 - 1. Recognize insurance-related issues (HMO/Medicare), including potential barriers to care, referring difficult cases to appropriate support staff.
 - 2. Use ICD and E/M codes for each patient visit that accurately reflect the care provided, are supported by the medical record documentation and allow for appropriate billing.
 - 3. Act as a patient advocate within the health care system and community when needed.
 - 4. Order medications, diagnostic testing and referrals in manner that reflects that provision of cost-conscious care and awareness of drug formularies.
 - 5. Collaborate with health care providers/managers (social services, home health, mental health) to ensure comprehensive care for the primary care patient.

Practice Based Learning and Improvement

- I. Continually assess knowledge and patient care practices and utilize information to stimulate self-directed learning.
 - 1. Identify sources of information and guidelines pertaining to primary care.
 - 2. Formulate and answer clinical questions using evidence-based resources.
 - 3. Remain receptive to preceptor feedback and integrate feedback into clinical practice.

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