

Adult Subspecialties – PGY-3

Goal: To develop the knowledge, skills and attitudes to begin to care for and/or co-manage medically complex patients in the outpatient setting.

Objectives:

Patient Care

- I. Provide medical care for patients with complex diseases in an outpatient setting.**
 1. Participate in the initial evaluation and diagnostic work-up of the major medical problems evaluated in the adult subspecialty clinics, including ordering appropriate laboratory, radiology and other ancillary testing.
 2. Perform a focused physical examination, identifying normal and abnormal findings.
 3. Recognize when to refer patients to subspecialists to assist in the management of their complex medical illnesses.
 4. Identify the appropriate primary care work-up and evaluation recommended prior to referral to a subspecialist.
 5. Recognize common procedures performed in the adult subspecialty clinics.
- II. Participate in common procedures performed in the adult subspecialty clinics.**
 1. Counsel patients on the indications, risks, benefits and alternatives of procedures.
 2. Interpret results from procedures performed.

Medical Knowledge

- I. Demonstrate a commitment to acquiring the knowledge needed for evaluation and management of patients with complex diseases.**
 1. Recognize the role of the primary care physician for patients with complex medical concerns.
 2. Interpret commonly performed clinical tests/imaging for patients under subspecialty care.

Interpersonal and Communication Skills

1. Provide effective patient education using language appropriate to their level of health literacy.
2. Provide appropriate and clear treatment and follow-up instructions to patients.
3. Communicate effectively with physicians, allied health professionals, and health-related agencies to create and sustain information exchange for optimal patient care.
4. Present patient cases to attending physician and supervising health care providers concisely and effectively in order to share relevant patient information while advancing the patient care plan.
5. Document medical records accurately, completely and timely.

Professionalism

1. Demonstrate personal accountability for the well-being of patients.
2. Maintain an appropriate and professional appearance and behavior during interactions with patients, staff and colleagues.
3. Reliably complete assigned duties in a timely manner.
4. Communicate and work collaboratively with staff, consultants, and other healthcare providers to create and sustain an environment fostering a team-based approach to patient care.

Systems-Based Practice

1. Identify the role of and collaborate with family physicians, specialists, social workers, home health services, mental health providers and other members of the healthcare team in the care of a complex pediatric patient.
2. Order diagnostic testing and referrals in a manner that reflects the provision of cost-conscious care.
3. Be an advocate for families needing assistance navigating the complex health-care system.
4. Identify barriers to care for patients with complex medical problems and facilitate plans to overcome such barriers.

Practice Based Learning and Improvement

1. Identify and adapt standardized guidelines for the diagnosis and treatment of conditions commonly seen in the adult sub-specialty clinics.
2. Formulate and answer clinical questions using evidence-based resources.
3. Demonstrate an attitude of self-improvement by seeking out and being receptive to feedback.